I pleased to announce that the *Essentials of Residual Risk* a 14-part video series, has been completed and is available in the [IAS Education Center (IASEC)](https://www.c-linkage.co.jp). The program is accredited for 7 hours of AMA PRA Category 1 Credit. The IAS developed this video series to address the recent information on vascular risk and to suggest new approaches to reduce this residual risk. Led by former IAS president Dr. William Virgil Brown, this series brings together top experts recognized globally, regionally, and nationally to discuss real-world issues in identification of preventable cardiovascular risk as well as current and future treatments of risk factors.

We are now working on another important series, Global ASCVD Trends and Emerging Strategies: A Video Series to Confront the Issues that Matter to Achieve Patient Goals. This series, consisting of nine (9) videos in five (5) languages, is aimed at medical professionals to comprehensively address LDL-C risk in the prevention of Major Adverse Cardiovascular Events (MACE). Our goal is to close knowledge and practice gaps, reduce clinician uncertainty, and demonstrate how the guidelines and evidence can be applied in a practical manner. This series is set to be released in late September.

The IAS will be participating in Joint Sessions with SBC-DA at the 18th Brazilian Congress of Atherosclerosis, October 15-16, 2021, which will be held in Campos do Jordão - São Paulo and online. You can view the titles and speakers of the sessions [here](http://www.c-linkage.co.jp).

If you haven’t already done so, I encourage you to register for ISA2021, The 19th International Symposium on Atherosclerosis. The meeting will be held in a hybrid format from October 24-27, 2021. You can register at this link: [https://www.c-linkage.co.jp/isa2021/registration.html](https://www.c-linkage.co.jp/isa2021/registration.html)

As I close, once again I want to urge you to be careful and stay safe,

Raul D. Santos  
President, IAS
ANNOUNCING THE RELEASE OF
The Final Four Videos

The IAS is pleased to release the final four videos in our outstanding program, *The Essentials of Residual Risk*, chaired by Dr. William Virgil Brown. Video 11 will discuss the relationship of triglycerides and CVD prevalence as well as examine the various particles, their measures, and strategies including lifestyle and therapeutics to reduce risk; Video 12 reviews the existing and emerging therapeutic options to address triglyceride CV risk, the related targets of treatment and patient considerations; Video 13 covers the implications of Lp(a) as a risk factor for residual risk of vascular disease including the concepts of measurement, genetic determinants, and therapeutic approaches; Video 14 will examine the guidelines and therapeutic approaches to management of patients with hypertension and the related cardiovascular risk.

All fourteen videos are now available in the IAS Education Center. For those interested in earning up to 7 hours of CME/CE credit for completing all video in this series, follow the link to the program for more information.

**Video 11 - Triglycerides and Residual Risk**

Borge Nordestgaard, MD, DMSc
Copenhagen, Denmark

Allan Sniderman, MD
Montreal, Quebec, Canada

**Video 12 - New TG Reducing Drug Therapy**

Jean-Charles Fruchart, PharmD, PhD
Marrakesh, Morocco

Aruna D. Pradhan, MD, MPH, MSc
Boston, MA, USA

Salim S. Virani, MD, PhD
Houston, TX, USA

**Video 13 - Lp(a) and Residual Risk**

Sarnia Mora, MD, MHS
Boston, MA, USA

Sotirios (Sam) Tsimikas, MD
San Diego, CA, USA

**Video 14 - Drug Therapy of High Blood Pressure**

Keith C. Ferdinand, MD, FACC, FAHA
New Orleans, LA, USA

Dong Zhao, MD
Beijing, China

Full details and accreditation available at
https://ias-education.athero.org/courses/essentials-of-residual-risk/

This activity is supported by educational grants from Amarin Corporation, Amryt Pharma, Novartis, Novo Nordisk, Merck & Co, and Sanofi.
19th International Symposium on Atherosclerosis (ISA2021)

If you haven’t yet registered for ISA2021 in Kyoto (Japan) you can register here.

ISA 2021 Pediatric Familial Hypercholesterolemia Satellite Symposium

To join the Satellite Symposium registration to ISA2021 is required

More Information on ISA 2021 can be found here
In relation to the 3rd Wael Al-Mahmeed & IAS Research Training Grants and Fellowships for the MENA Region & Africa project and on behalf of the Review Committee we are honored to announce the 3 winners of these prestigious Fellowships:

<table>
<thead>
<tr>
<th>Fellow Home Laboratory</th>
<th>Host Laboratory</th>
<th>Focus of Research</th>
</tr>
</thead>
<tbody>
<tr>
<td>Al-Zadjali Razan, Sultan Qaboos University, Muscat, Oman</td>
<td>Department of Biochemistry - College of Medicine &amp; Health Sciences - Sultan Qaboos University Hospital, Muscat, Oman</td>
<td>Optimization and validation of lipoprotein(a) KIV2 isorm measurement in patients with familial hypercholesterolemia.</td>
</tr>
<tr>
<td>Tannaz Jamialahmadi, Mashhad University of Medical Sciences, Mashhad, Iran</td>
<td>Institute Cleveland Clinic Abu Dhabi Associate Professor of Surgery Cleveland Clinic Leimer College of Medicine, Abu Dhabi, UAE (Dr. Matthew Kroh)</td>
<td>Association between iron status indices and cardiovascular risk in morbidly obese subjects undergoing bariatric surgery.</td>
</tr>
<tr>
<td>Mohamed Salama Abdel Hafez Khalil, Benha University, Benha, Egypt</td>
<td>Banha Faculty of Medicine University Hospital in AlQalubiya Governorate, North to the Capital Cairo (Dr. Mutaz Al-Khnisyi)</td>
<td>The prevalence of heterozygous familial hypercholesterolemia among premarital couples in Qalubiya Governorate in Egypt.</td>
</tr>
</tbody>
</table>

This high-level initiative has been made possible thanks to a generous donation kindly offered by Dr. Wael Abdurrahman Al Mahmeed (Abu Dhabi, UAE).

We also wish to thank the members of the Review Committee: Dr. Khalid Al-Rasadi (Oman), Dr. Richard Ceska (Czech Republic), and Dr. Raul Santos (Brazil) for their hard work and commitment.

---

**Read the Winners CVs here**

If you haven't already, please visit the IAS Education Center (IASEC). You will find our Residual Risk Video Series, the 1st Kuwait FH Symposium, and other great content. We will be adding more educational content in the near future.

To view these programs and other educational activities available, click here
More information and programs can be found under the Resource tab on the IAS website.
• FH in the Arabian Gulf Region: Clinical results of the Gulf FH Registry
• Latin American Consensus Paper on Management of Residual Cardiometabolic Risk.
• Symposium previous to National Congress of Internal Medicine – Chilean Atherosclerosis Working Group - Sept. 29, 2021.
• 74th World Health Assembly Resolution on Diabetes Prevention and Management, including access to insulin.

MEMBER SOCIETY MEETINGS
For a complete listing of all Member Society Meetings and Educational Activities

Click Here

Links to:
Journal of Atherosclerosis and Thrombosis
IAS e-Statin Newsletter
Atherosclerosis Newsletter
IAS e-Newsletter Archive

VISIT OUR WEBSITE and FOLLOW US on SOCIAL MEDIA

Contact us at: info@athero.org