



INTERNATIONAL
ATHEROSCLEROSIS
SOCIETY

MONTHLY NEWSLETTER

August/September 2021



President's Message

Raul D. Santos, MD
President, IAS

I pleased to announce that the [*Essentials of Residual Risk*](#) a 14-part video series, has been completed and is available in the [*IAS Education Center \(IASEC\)*](#). The program is accredited for 7 hours of AMA PRA Category 1 Credit. The IAS developed this video series to address the recent information on vascular risk and to suggest new approaches to reduce this residual risk. Led by former IAS president Dr. William Virgil Brown, this series brings together top experts recognized globally, regionally, and nationally to discuss real-world issues in identification of preventable cardiovascular risk as well as current and future treatments of risk factors.

We are now working on another important series, Global ASCVD Trends and Emerging Strategies: A Video Series to Confront the Issues that Matter to Achieve Patient Goals. This series, consisting of nine (9) videos in five (5) languages, is aimed at medical professionals to comprehensively address LDL-C risk in the prevention of Major Adverse Cardiovascular Events (MACE). Our goal is to close knowledge and practice gaps, reduce clinician uncertainty, and demonstrate how the guidelines and evidence can be applied in a practical manner. This series is set to be released in late September.

The IAS will be participating in Joint Sessions with SBC-DA at the 18th Brazilian Congress of Atherosclerosis, October 15-16, 2021, which will be held in Campos do Jordão - São Paulo and online. You can view the titles and speakers of the sessions [here](#).

If you haven't already done so, I encourage you to register for ISA2021, The 19th International Symposium on Atherosclerosis. The meeting will be held in a hybrid format from October 24-27, 2021. You can register at this link: <https://www.c-linkage.co.jp/isa2021/registration.html>

As I close, once again I want to urge you to be careful and stay safe,

Raul D. Santos
President, IAS



In Memoriam Professor Jean Davignon 1935-2021

[Read more about Professor Jean Davignon here](#)

ANNOUNCING THE RELEASE OF The Final Four Videos

The IAS is pleased to release the **final four videos** in our outstanding program, *The Essentials of Residual Risk*, chaired by Dr. William Virgil Brown. Video 11 will discuss the relationship of triglycerides and CVD prevalence as well as examine the various particles, their measures, and strategies including lifestyle and therapeutics to reduce risk; Video 12 reviews the existing and emerging therapeutic options to address triglyceride CV risk, the related targets of treatment and patient considerations; Video 13 covers the implications of Lp(a) as a risk factor for residual Risk of vascular disease including the concepts of measurement, genetic determinants, and therapeutic approaches; Video 14 will examine the guidelines and therapeutic approaches to management of patients with hypertension and the related cardiovascular risk.



All fourteen videos are now available in the IAS Education Center. **For those interested in earning up to 7 hours of CME/CE credit for completing all video in this series, follow the link to the program for more information.**

Video 11 - Triglycerides and Residual Risk



Borge Nordestgaard, MD, DMSc
Copenhagen, Denmark



Allan Sniderman, MD
Montreal, Quebec, Canada

Video 12 - New TG Reducing Drug Therapy



Jean-Charles Fruchart, PharmD, PhD
Marrakesh, Morocco



Aruna D. Pradhan, MD, MPH, MSc
Boston, MA, USA



Salim S. Virani, MD, PhD
Houston, TX, USA

Video 13 - Lp(a) and Residual Risk



Samia Mora, MD, MHS
Boston, MA, USA



Sotirios (Sam) Tsimikas, MD
San Diego, CA, USA

Video 14 - Drug Therapy of High Blood Pressure



Keith C. Ferdinand, MD, FACC, FAHA
New Orleans, LA, USA



Dong Zhao, MD
Beijing, China

Full details and accreditation available at

<https://ias-education.athero.org/courses/essentials-of-residual-risk/>

This activity is supported by educational grants from Amarin Corporation, Amryt Pharma, Novartis, Novo Nordisk, Merck & Co., and Sanofi.

19th International Symposium on Atherosclerosis (ISA2021)

If you haven't yet registered for **ISA2021** in Kyoto (Japan) you can [register here](#).



The banner features the ISA 2021 Kyoto logo on the left, which includes a red and white circular emblem with a crescent moon and a red pagoda. To the right, the text reads "XIX International Symposium on Atherosclerosis" and "October 24-27, 2021 • Kyoto, Japan". A red button with white text says "LEARN MORE >". The background shows a traditional Japanese building with a blue umbrella.

ISA 2021 Pediatric Familial Hypercholesterolemia Satellite Symposium



The banner features the ISA 2021 Kyoto logo on the left. The text reads "INTERNATIONAL ATHEROSCLEROSIS SOCIETY" in large letters, followed by "ISA 2021 Pediatric Familial Hypercholesterolemia Satellite Symposium" in blue. Below this, a box contains "22nd of Oct 2021, Kyoto, Japan Web". The organizers are listed as "ORGANIZED by Dr. Mariko Harada-Shiba, Dr. Raul Santos, Dr. Albert Wiegman, and Dr. Hayato Tada". A "Time (JST)" icon is also present. The background shows silhouettes of two children's heads and a pagoda.

To join the Satellite Symposium registration to ISA2021 is required

[More Information on ISA 2021 can be found here](#)



**The 3rd Wael Al-Mahmeed & IAS
Research Training Grants
and Fellowships for the MENA Region
& Africa**



In relation to the **3rd Wael Al-Mahmeed & IAS Research Training Grants and Fellowships for the MENA Region & Africa project** and on behalf of the Review Committee we are honored to announce the **3 winners** of these prestigious Fellowships:

Fellow Home Laboratory	Host Laboratory	Focus of Research
Al-Zadjali Razan Sultan Qaboos University Muscat, Oman	Department of Biochemistry - College of Medicine & Health Sciences - Sultan Qaboos University Hospital Muscat, Oman (Dr. Fahad Al-Zadjali)	Optimization and validation of lipoprotein(a) KIV2 isoform measurement in patients with familial hypercholesterolemia Clinical Research
Tannaz Jamialahmadi Mashhad University of Medical Sciences Mashhad, Iran	Institute Cleveland Clinic Abu Dhabi Associate Professor of Surgery Cleveland Clinic Lerner College of Medicine Abu Dhabi, UAE (Dr. Matthew Kroh)	Association between iron status indices and cardiovascular risk in morbidly obese subjects undergoing bariatric surgery Clinical Research
Mohamed Salama Abdel Hafez Khalil Benha University Benha, Egypt	Banha Faculty of Medicine University Hospital in AlQalubiya Governorate North to the Capital Cairo (Dr. Mutaz Al-Khnifsawi)	The prevalence of heterozygous familial hypercholesterolemia among premarital couples in Qalubya Governorate in Egypt Clinical Research

This high-level initiative has been made possible thanks to a generous donation kindly offered by Dr. Wael Abdulrahman Al Mahmeed (Abu Dhabi, UAE).

We also wish to thank the members of the Review Committee: Dr. Khalid Al-Rasadi (Oman), Dr. Richard Ceska (Czech Republic), and Dr. Raul Santos (Brazil) for their hard work and commitment.

[Read the Winners CVs here](#)

If you haven't already, please visit the IAS Education Center (IASEC). You will find our Residual Risk Video Series, the 1st Kuwait FH Symposium, and other great content. We will be adding more educational content in the near future.

To view these programs and other educational activities available, [click here](#)

Video Series

Essentials of RESIDUAL RISK

An Accredited Video Series Presented By the International Atherosclerosis Society

See List of Video Topics and Faculty.

INTERNATIONAL ATHEROSCLEROSIS SOCIETY

Risk factors shown above the water line: Smoking, Cholesterol, Hypertension.

Risk factors shown below the water line: Obesity, Inflammation, Thrombosis, Lp(a), Diabetes, Triglycerides.

1ST KUWAIT FH SYMPOSIUM

VIRTUAL MEETING

4TH IAS SEVERE FH MASTERCLASS & IAS - ASPED PEDIATRIC FH SATELLITE

9 CME accredited

More information and programs can be found under the Resource tab on the [IAS website](#)

The Latest

- The 18th Brazilian Congress of Atherosclerosis, October 15 – 16, 2021, Campos do Jordão – São Paulo and Online – [IAS/SBC-D JOINT SESSIONS](#)

- [FH in the Arabian Gulf Region: Clinical results of the Gulf FH Registry](#)
- [Latin American Consensus Paper on Management of Residual Cardiometabolic Risk.](#)
- [Symposium previous to National Congress of Internal Medicine](#)
–Chilean Atherosclerosis Working Group-Sept. 29, 2021.
- 74th World Health Assembly [Resolution on Diabetes Prevention and Management, including access to insulin.](#)



MEMBER SOCIETY MEETINGS

For a complete listing
of all Member Society Meetings and
Educational Activities

[Click Here](#)

Links to:

[Journal of Atherosclerosis and Thrombosis](#)

[IAS e-Statin Newsletter](#)

[Atherosclerosis Newsletter](#)

[IAS e-Newsletter Archive](#)

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MEDIA



Contact us at:
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