



## Baltic-Ukrainian Atherosclerosis Conference

09 -10.11.2023, Tallinn, Estonia



Dear Colleagues,

It is our great pleasure to invite you to participate at the Baltic - Ukrainian Atherosclerosis Conference, which will take place on 09.-10.11.2023. in Tallinn, Estonia.

The organizers of joint conference are Estonian Society of Cardiology and the Ukrainian Atherosclerosis Society, with support of Baltic Atherosclerosis Society and Ukrainian Association of Cardiology. The conference is endorsed by European Atherosclerosis Society.

The conference will be held in hybrid format in Tallinn on 10.11.2023 at Creative Hub (Põhja Pst 27A), event will be preceded by Satellite Symposium on 09.11.23 at Tallink Conference & Spa Hotel.

We expect to host 200 on-site participants and up to 500 virtual participants, all lectures will be recorded and up-loaded to the conference web-site for presentation "on-demand" (providing unique personalized access for registered participants).

The programme of the Congress should help practitioners to find answers to the questions they are facing in their daily work. Our activities are focused on clinically oriented primary and secondary prevention.

The main subjects of the conference are:

- **Personal prevention of atherosclerosis**
- **Diagnosis and treatment of familial hypercholesterolemia**
- **Biological treatment of dyslipidemia – PCSK9 inhibitors and inclisiran**
- **Prevention of atherosclerosis and heart failure in patients with type 2 diabetes**
- **Familial hypercholesterolemia (FH) registries in Baltic countries**

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This time we organize hybrid event with possibility to gather in Tallinn. For registered delegates, who can not gather on-site, we will open virtual window to follow conference live stream and invite them to participate via interactive app with Q/A sessions and networking possibility. All delegates have possibility to interact with conference exhibitors via special conference expo-room, learn about their new products and technical solutions.

Please join us for a high level scientific and cultural experience in [Tallinn, Estonia!](#)



Prof. Margus Viigimaa,  
Chairman of the Organising Committee  
President of Baltic Atherosclerosis Society  
Baltic Atherosclerosis Society



Prof. Olena Mitchenko  
Co-Chairman of the Organising Committee  
President of Ukrainian Atherosclerosis Society  
Ukrainian Atherosclerosis Society



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## Scientific Program

### 9.11.23 Tallink Conference Hotel, Galaxy 1+2 hall

*13:30-14:00 Registration*

14:00-15:30 I Pre-Session

*15:30-16:00 Coffee break*

16:00-18:00 II Pre-Session

16:00-16:30 „FH patients, is special focus needed?“ Alberico Catapano (Milan, Italy)

16:30-17:30 „Estonian approach to handle FH patients“ . Discussion

### 10.11.2023 Tallinn Creative Hub, Black Box Hall

*09:00-09:30 Registration, welcome coffee, exhibition*

**09:30 Opening of the conference.** Margus Viigimaa, President of the BAS (Tallinn, Estonia), Olena Mitchenko, Chairman of the Ukrainian Atherosclerosis Society (Kyiv, Ukraine)

**09:45-11:00 Satellite session Novartis “Update in treatment of dyslipidemias”**

Chairman: Margus Viigimaa (Tallinn, Estonia)

09:45 - 09:50 Introduction. Margus Viigimaa

09:50 - 10:20 „Is almost target LDL-C good enough?“ 2023. Alberico Catapano (Milan, Italy)

10:20 - 10:40 „Present Dyslipidemia treatment: siRNA in theory and practice.“. Kārlis Trušinskis (Riga, Latvia)

10:40 - 11:00 Panel discussion: Alberico Catapano, Kārlis Trušinskis, Margus Viigimaa

*11:00-11:20 Coffee, exhibition*

**11:20-12:50 II session “Dyslipidemia in Baltic countries and Ukraine”**

Chairmen: Olena Mitchenko (Kyiv, Ukraine), Gustavs Latkovskis (Riga, Latvia), Žaneta Petrulionienė (Vilnius, Lithuania)

Primary and secondary dyslipidemia in Ukraine: prevalence, features of diagnosis and modern treatment. Olena Mitchenko (Kyiv, Ukraine), Gustavs Latkovskis (Riga, Latvia), Žaneta Petrulionienė (Vilnius),

Management of dyslipidemia in Latvia. Gustavs Latkovskis (Riga, Latvia),

Treatment of dyslipidemia in Lithuania. Žaneta Petrulionienė (Vilnius, Lithuania)

Treatment of dyslipidemia in post-MI and FH patients in Estonia. Martin Serg (Tallinn, Estonia)

12:40-12:50 Discussion

*12:50-13:40 Lunch, exhibition*

### **13:40–15:10 III session “Cardiometabolic risk and treatment of type 2 diabetes”**

Chairmen: Rimvydas Šlapikas (Kaunas, Lithuania), Margus Viigimaa

Patients at high cardiometabolic risk in Ukraine: prevalence, new diagnostic and treatment options. Tetyana Kolesnyk (Vynnytsia, Ukraine)

Body weight, type 2 diabetes and atherosclerosis. Speaker TBD

Prevention of heart failure and chronic kidney disease in patients with type 2 diabetes. Speaker TBD

News in the 2023 ESC Guidelines for the management of cardiovascular disease in patients with diabetes. Rimvydas Šlapikas (Kaunas, Lithuania)

*15:10-15:30 Coffee, exhibition*

### **15:30–16:40 IV session “Update on treatment of ischemic heart disease”**

Chairmen: Andrejs Ērglis (Riga, Latvia), Anu Hedman (Tallinn, Estonia), Oleksandr Parkhomenko (Kyiv, Ukraine)

Ischemic heart disease patients with very high cardiovascular risk: optimization of management. Oleksandr Parkhomenko (Kyiv, Ukraine)

Treatment of ischemic heart disease in Latvia. Andrejs Ērglis (Riga, Latvia)

Treatment for angina - which treatment for which patient? Anu Hedman (Tallinn, Estonia)

Discussion 16:30-16:40

*16:40-17:00 Coffee, exhibition*

### **17:00–17:50 V session “Cardiovascular prevention and precision medicine”**

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Chairmen: Iveta Mintāle (Riga, Latvia), Dovilė Karčiauskaitė (Vilnius, Lithuania), Martin Serg (Tallinn, Estonia)

Lifestyle in cardiovascular prevention. Iveta Mintāle (Riga, Latvia),

Precision medicine in cardiovascular field. Andres Metspalu (Tartu, Estonia)

Discussion

### **17:50–18:30 VI session “25th anniversary of the Baltic Atherosclerosis Society”**

Chairmen: Andrejs Ērglis (Riga, Latvia), Žaneta Petrulionienė (Vilnius, Lithuania), Sergei Nazarenko (Tallinn, Estonia),

17:05–17:35 25 years of the Baltic Atherosclerosis Society Margus Viigimaa (Tallinn, Estonia),

17:35–17:45 Discussion

**18:30–18:45 Concluding remarks. Margus Viigimaa (Tallinn, Estonia), Olena Mitchenko (Kyiv, Ukraine)**

**19:00 Networking event**

## **Conference registration, accommodation options and additional information:**

**[www.conference-expert.eu/en/bas2023](http://www.conference-expert.eu/en/bas2023)**



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