IAS DYSLIPIDEMIA
MASTERCLASS
IMPROVING THE DIAGNOSIS & MANAGEMENT OF SEVERE
DYSLIPIDEMIAS IN THE MIDDLE EAST

THE ISCHEMIC BURDEN

CARDIORISK
PRECONFERENCE COURSE

22 NOVEMBER 2023
CONTINENTAL HOTEL
HURGHADA - EGYPT

WWW.EAVASOCIETY.ORG
5th Annual IAS-EAVA Masterclass: Improving the Diagnosis & Management of Severe Dyslipidemias in the Middle East

16:00-17:00 Session 1: Familial Hypercholesterolemia

Chairpersons (in alphabetical order)
Ashraf Reda
El Sayed Farag
Gilles Lambert

16:00 -16:15 Understanding FH – From Gene to Lipoprotein Metabolism
Marianne Abi Fadel (Lebanon) – in-person

16:15-16:20 Discussion

16:20-16:35 Premature ischemic heart disease and heterozygous FH
Ashraf Reda (Egypt) – in-person

16:35-16:40 Discussion

16:40 -16:55 Treating a Patient with Homozygous FH
Ahmed Shawky (Egypt) – in-person

16:55-17:00 Discussion
Chairpersons (in alphabetical order)
Atif Elbahry
Samia Mora
Nabil Farag

17:00 -17:15  Getting to Know the Stepchild of the Lipid World: An Introduction to Lp(a)
Gilles Lambert (France) – in-person

17:20-17:25  Discussion

17:20-17:35  When to Measure Lp(a) and How to Measure and Report the Result
Atif Elbahry (Egypt) – in-person

17:35-17:45  Discussion

17:45-17:55  My Patient has a Very High Lp(a) – What Therapeutic Options Are There?
Samia Mora (United States) – virtual

17:55-18:00  Discussion
18:00-19:00  Session 3: Severe Hypertriglyceridemia

Chairpersons (in alphabetical order)
Marianne Abi Fadel
Mohamed Zahran
Robert Hegele

18:00 – 18:15  Understanding TGRL Metabolism and the Pathophysiology of Severe Hypertriglyceridemia
   Robert Hegele (Canada) – virtual
18:15- 18:20  Discussion
18:20-18:35  My Patient Has Severe Hypertriglyceridemia – Diagnosing the Problem
   Ahmed Bendary (Egypt) – in-person
18:35- 18:40  Discussion
18:40- 18:55  Treating a Patient with Severe Hypertriglyceridemia
   Tamer Moustafa (Egypt) – in-person
18:55 – 19:00  Discussion

19:00-19:30  Break
19:30-20:30 Session 4: Rare Lipid Disorders

Chairpersons (in alphabetical order)
Ahmed Bendary
Hany Ragy
Dirk Blom

19:30 – 19:45 A Patient with Lysosomal Acid Lipase Deficiency
   Hany Ragy (Egypt) – in-person
19:45 – 19:50 Discussion

19:50 – 20:05 A Patient with Cerebrotendinous Xanthomatosis
   Dirk Blom (South Africa) – virtual
20:05 – 20:10 Discussion

20:10 – 20:25 A Patient with Sitosterolemia
   Mohamed Zahran (Egypt) – in-person
20:25 – 20:30 Discussion
20:30-21:30  Session 5: From the Individual to the Population

Chairpersons (in alphabetical order)
Ashraf Reda
Khalid Al Rasadi
Tamer Moustafa

20:30 – 20:45  Assessing Individual Risk – Using the SCORE 2 Risk Algorithm
Nabil Farag (Egypt) – in-person

20:45 - 20:50  Discussion

20:50 – 21:05  The Role of Genetic Risk Scores in Refining Risk Assessment
Atef Elbahry (Egypt) – in-person

21:05 – 21:10  Discussion

21:10 – 21:25  Screening Populations for Genetic Disorders – Possible Strategies for FH Screening in the MENA Region
Khalid Al Rasadi (Oman) – Virtual

21:25 – 21:30  Discussion