



Course will be accredited by
EBAC

IAS DYSLIPIDEMIA MASTERCLASS

IMPROVING THE DIAGNOSIS & MANAGEMENT OF SEVERE
DYSLIPIDEMIAS IN THE MIDDLE EAST

THE ISCHEMIC BURDEN

CARDIORISK

Egyptian Association of Vascular Biology and Atherosclerosis
PRECONFERENCE COURSE

22 NOVEMBER 2023

CONTINENTAL HOTEL
HURGHADA - EGYPT



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**5th Annual IAS-EAVA Masterclass:
Improving the Diagnosis & Management of Severe Dyslipidemias in the Middle East**

16:00-17:00 Session 1: Familial Hypercholesterolemia

Chairpersons (in alphabetical order)

Ashraf Reda

El Sayed Farag

Gilles Lambert

16:00 -16:15 Understanding FH – From Gene to Lipoprotein Metabolism

Marianne Abi Fadel (Lebanon) – in-person

16:15-16:20 Discussion

16:20-16:35 Premature ischemic heart disease and heterozygous FH

Ashraf Reda (Egypt) – in-person

16:35-16:40 Discussion

16:40 -16:55 Treating a Patient with Homozygous FH

Ahmed Shawky (Egypt) – in-person

16:55-17:00 Discussion

17:00 -18:00 Session 2: Lipoprotein(a)

Chairpersons (in alphabetical order)

Atef Elbahry

Samia Mora

Nabil Farag

17:00 -17:15 Getting to Know the Stepchild of the Lipid World: An Introduction to Lp(a)

Gilles Lambert (France) – in-person

17:15 -17:20 Discussion

17:20-17:35 When to Measure Lp(a) and How to Measure and Report the Result

Atef Elbahry (Egypt) – in-person

17:35-17:40 Discussion

17:40-17:55 My Patient has a Very High Lp(a) – What Therapeutic Options Are There?

Samia Mora (United States) – virtual

17:55-18:00 Discussion

18:00-19:00

Session 3: Severe Hypertriglyceridemia

Chairpersons (in alphabetical order)

Marianne Abi Fadel

Mohamed Zahran

Robert Hegele

18:00 – 18:15 Understanding TGRL Metabolism and the Pathophysiology of Severe Hypertriglyceridemia

Robert Hegele (Canada) – virtual

18:15- 18:20 Discussion

18:20-18:35 My Patient Has Severe Hypertriglyceridemia – Diagnosing the Problem

Ahmed Bendary (Egypt) – in-person

18:35- 18:40 Discussion

18:40- 18:55 Treating a Patient with Severe Hypertriglyceridemia

Tamer Moustafa (Egypt) – in-person

18:55 – 19:00 Discussion

19:00-19:30

Break

19:30-20:30

Session 4: Rare Lipid Disorders

Chairpersons (in alphabetical order)

Ahmed Bendary

Hany Ragy

Dirk Blom

19:30 – 19:45 A Patient with Lysosomal Acid Lipase Deficiency

Hany Ragy (Egypt) – in-person

19:45 – 19:50 Discussion

19:50 – 20:05 A Patient with Cerebrotendinous Xanthomatosis

Dirk Blom (South Africa) – virtual

20:05 – 20:10 Discussion

20:10 – 20:25 A Patient with Sitosterolemia

Mohamed Zahran (Egypt) – in-person

20:25 – 20:30 Discussion

20:30-21:30 Session 5: From the Individual to the Population

Chairpersons (in alphabetical order)

Ashraf Reda

Khalid Al Rasadi

Tamer Moustafa

20:30 – 20:45 Assessing Individual Risk – Using the SCORE 2 Risk Algorithm

Nabil Farag (Egypt) – in-person

20:45 - 20:50 Discussion

20:50 – 21:05 The Role of Genetic Risk Scores in Refining Risk Assessment

Atef Elbahry (Egypt) – in-person

21:05 – 21:10 Discussion

21:10 – 21:25 Screening Populations for Genetic Disorders – Possible Strategies for FH Screening in the MENA Region

Khalid Al Rasadi (Oman) – Virtual

21:25 – 21:30 Discussion