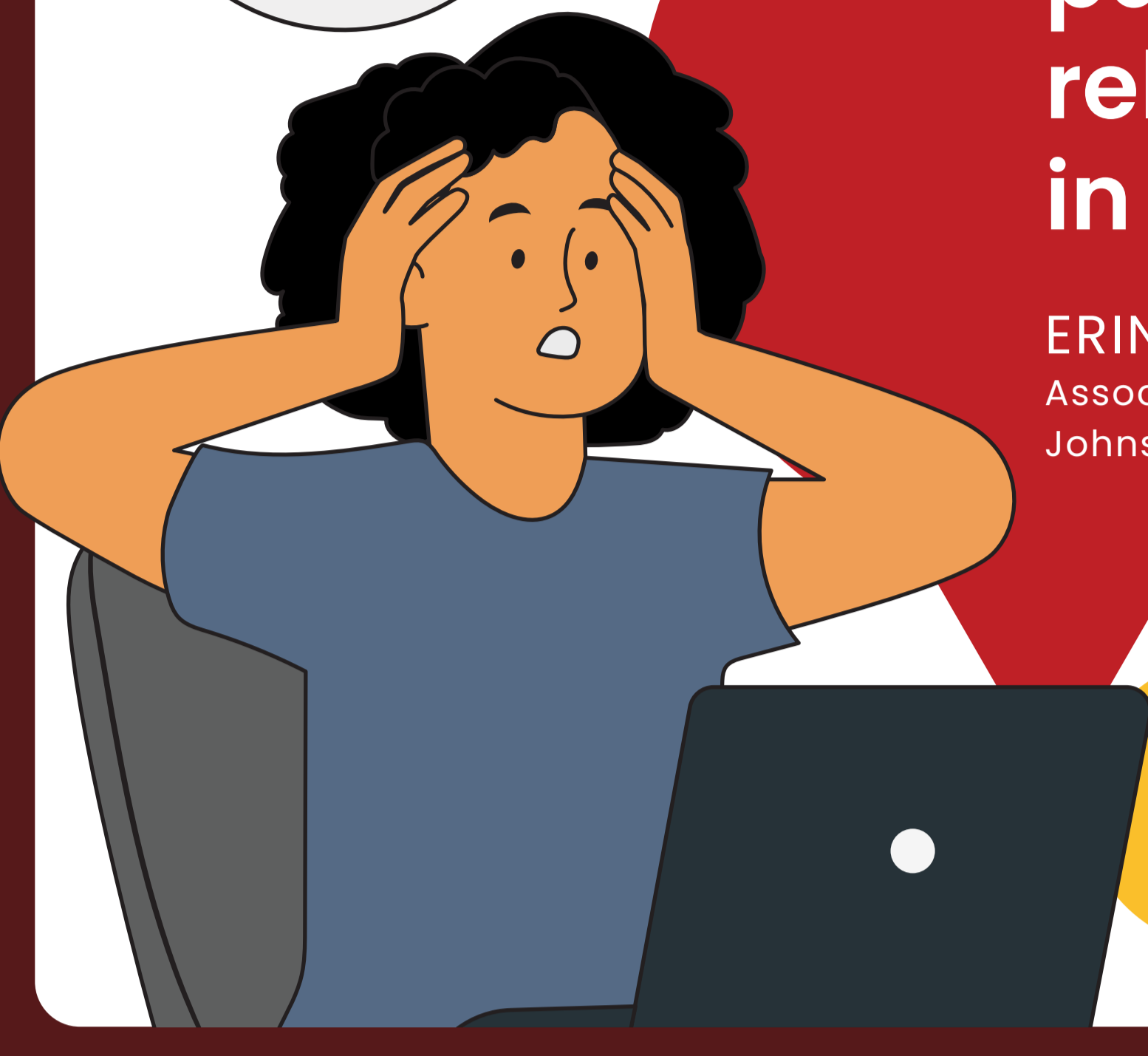


Factors Affecting Patients' Use of Statins



“ Around 40% of patients are reluctant to engage in statin therapy. ”

ERIN D. MICHOS, MD
Associate Professor of Medicine
Johns Hopkins University



Information from the internet and media can lead patients to distrust statins.



A small number of patients experience statin-associated side effects such as:



Muscle aches or weakness



Elevated glucose levels



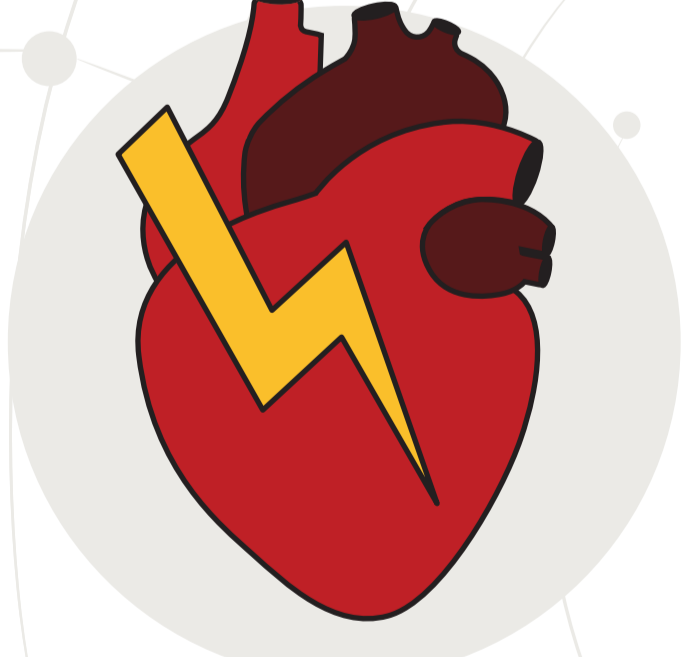
These concerns cause some patients to stop taking their statins as prescribed.

Sometimes patients' negative expectations about statins cause them to perceive worse side effects.

This experience is called the “nocebo effect.”



There are real dangers to statin non-adherence:



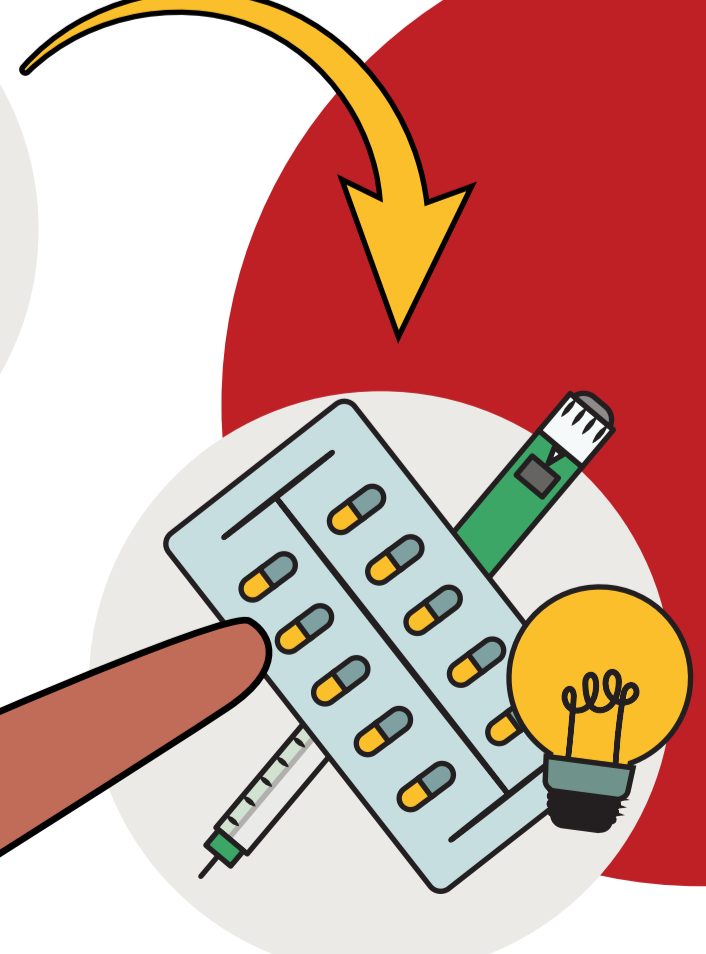
Adverse health outcomes like heart attack and stroke



More frequent hospitalizations



Higher health care expenses



High-risk patients who do not take statins, regardless of their reason, need effective alternative therapies.