

# Managing High LDL-Cholesterol When Lifestyle is Not Enough



Even with healthy lifestyle choices, some patients will still have high LDL-C.

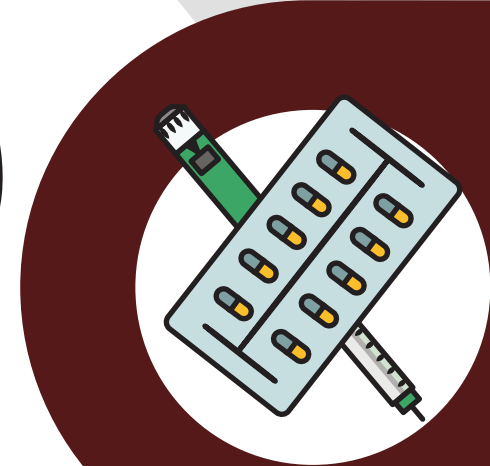


Pharmacologic treatment is the next step.



Patients may need one or more medications:

- Bile acid sequestrants
- Statins
- Cholesterol absorption inhibitors
- PCSK9 antagonist
- ATP-citrate lyase inhibitor



Combination therapy can significantly improve patients' outcomes and reduce the risk of life-threatening events like heart attacks and strokes.

Researchers are investigating how to edit the genes that contribute to cardiovascular disease.



This would revolutionize the way doctors approach prevention and management of CVD in the future.

Until then, medication adherence is key.



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