

EU-RO Forum: Diabetes and its Complications

International Expert Meeting

Project Initiator: Assoc. Prof. Anca Pantea Stoian

7th - 8th of February, 2025, Bucharest, Romania



Event Management:



PRELIMINARY SCIENTIFIC PROGRAMME

DAY 1 FRIDAY, 7 th of February, 2025	
08:30-09:00	PARTICIPANT REGISTRATION & WELCOME COFFEE
09:00-09:15	OFFICIAL OPENING OF THE 2ND EDITION OF EU-RO FORUM: DIABETES AND ITS COMPLICATIONS Assoc. Prof. Anca Pantea-Stoian – Project initiator, Vice President of CEDA – Central European Diabetes Association, EASD GLOBAL COUNCIL MEMBER Prof. Viorel Jinga – Rector of “Carol Davila” University of Medicine and Pharmacy of Bucharest Prof. Cătălina Poiană – President of Romania’s College of Physicians
09:15-10:20	SCIENTIFIC SESSION I – DIABETES OVERVIEW Chair: Assoc. Prof. Anca Pantea-Stoian, Prof. Maria Moța
09:15-09:30	Type 2 Diabetes and Metabolic Dysfunction-associated Steatotic Liver Disease: A Deadly Synergy Prof. Maria Moța (Romania)
09:30-09:45	Potential benefits of GLP-1 RA and SGLT2i in type 1 diabetes Prof. Cristian Guja (Romania)
09:45-10:00	GLP1-RA integrating the new data presented at recent conferences, and reviewing future perspectives regarding NUSH - nutrient stimulated hormone-based therapies - which is an expansion of the incretin Prof. Avivit Cahn (Israel)
10:00-10:15	TBC Dr. Delia Reurean Pintilei (Romania)
10:15-10:20	Q&A
10:20-11:40	SCIENTIFIC SESSION II – DIABETO-CARDIOLOGY Chairs: Prof. Andrej Janez, Prof. Dario Rahelic
10:20-10:35	Insulin therapy in type 2 diabetes-time to update? Prof. Andrej Janez (Slovenia)

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10:35-10:50	Sarcopenia and diabetes Prof. Zdravko Kamenov (Bulgaria)
10:50-11:05	Understanding Biomarkers: Key Players in Atherosclerosis Development Dr. Claudiu Stoicescu (Romania)
11:05-11:20	Weight variability and CVD Prof. Dario Rahelic (Croatia)
11:20-11:35	Cardio diabetology in recent international guidelines Prof. Tsvetalina Tankova (Bulgaria)
11:35-11:40	Q&A
11:40-12:40	SATELLITE SYMPOSIUM
12:40-13:20	SATELLITE SYMPOSIUM
13:20-14:00	LUNCH BREAK
14:00-14:50	SCIENTIFIC SESSION III – The road to OBESITY Chairs: Prof. Volkan Yumuk, Prof. Massimiliano Caprio
14:00-14:15	From obesity to diabetes: the economic burden of the pandemic Prof. Jose Silva Nunes (Portugal)
14:15-14:30	An overview of treatment options for overweight and obesity Prof. Volkan Yumuk (Turkey)
14:30-14:45	Nutritional therapy for Obesity and Type 2 diabetes at the time of anti-obesity medication Prof. Massimiliano Caprio (Italy)
14:45-14:50	Q&A
14:50-15:20	SATELLITE SYMPOSIUM
15:20-17:10	IAS - International Atherosclerosis Society – JOINT SESSION <i>A road to Atherosclerosis: from Diabetic Dyslipidemia to Inflammation and further</i>  INTERNATIONAL ATHEROSCLEROSIS SOCIETY Chair: Prof. Manfredin Rizzo, Assoc. Prof. Anca Pantea-Stoian (Romania)
15:20-15:25	Introduction Prof. Manfredi Rizzo, Assoc. Prof. Anca Pantea-Stoian

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15:25-15:45	Is the inflammation the hidden trigger of atherosclerosis? Prof. Manfredi Rizzo (Italy)
15:45-16:05	Diabetic dyslipidemia: optimizing treatment as a way to improve outcome. Prof. Dov Gavish (Israel)
16:05-16:25	Statin effects on plasma glucose Dr. Peter Penson (UK)
16:25-16:45	Lp(a): diagnosis and treatment Prof. Niki Katsiki (Greece)
16:45-17:05	The importance of screening PAD, the burden of the diseases and also treatments news for PAD Dr. Peter Lansberg (The Netherlands)
17:05-17:10	Q&A Discussion
17:10-17:25	COFFEE BREAK
17:25-19:35	EASO – European Association for the Study of Obesity - JOINT SESSION  Chairs: Prof. Volkan Yumuk (Turkey), Assoc. Prof. Anca Pantea-Stoian (Romania), Prof. Cătălina Poiană (Romania)
17:25-17:30	Introduction Prof. Volkan Yumuk, Assoc. Prof. Anca Pantea-Stoian, Prof. Cătălina Poiană
17:30-17:50	EASO Supporting Obesity Interventions Across Europe Prof. Lubomira Fabryova (Slovakia)
17:50-18:10	Obesity-Obesities: See the person beyond BMI Prof. Andreea Ciudin (Spain)
18:10-18:30	MASLD and the diabetologist Dr. Emir Muzirović (Montenegro)
18:30-18:50	Modern therapeutical approach to obesity: recent insights Prof. Manfredi Rizzo (Italy)

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18:50-19:10	Obesity and cancer risk Prof. Cătălina Poiană (Romania)
19:10-19:30	Stigma and social determinants in obesity - Recommendations of the Romanian Forum of Obesity Prof. Cornelia Bala (Romania)
19:30-19:35	Q&A

DAY 2 | SATURDAY, 8th of February, 2025

08:45-10:05	SCIENTIFIC SESSION IV – CARDIODIABETOLOGY Chairs: Prof. Maciej Banach, Prof. João Filipe Raposo, Prof. Gabriela Roman
08:45-09:00	Therapeutic Patient Education - how to discuss cardiometabolic risk to patients Prof. João Filipe Raposo (Portugal)
09:00-09:15	Management of obesity in patients with high/very high cardiovascular risk Prof. Arrigo Francesco Giuseppe Cicero (Italy)
09:15-09:30	Lipid disorders in cardiometabolic patients. Effective management in 2025 Prof. Maciej Banach (Poland)
09:30-09:45	Is prediabetes a risk factor for coronary artery disease? Dr. Ioana Doha (Romania)
09:45-10:00	Practical approach of “Diabetes, Cardiorenal, and Metabolic (DCRM) diseases” Prof. Gabriela Roman (Romania)
10:00-10:05	Q&A
10:05-11:05	SATELLITE SYMPOSIUM
11:05-11:20	COFFEE BREAK
11:20-12:40	SCIENTIFIC SESSION V – NOVEL THERAPY IN DIABETES Chairs: Prof. Robert Wagner, Prof. Bogdan Timar
11:20-11:35	No one-size-fits-all: the novel classification of diabetes Prof. Robert Wagner (Germany)

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11:35-11:50	Effects of endocrine medication on glucose metabolism Prof. Diana Loreta Paun (Romania)
11:50-12:05	Use of mineralocorticoid receptor antagonists in Chronic Kidney Disease and Type 2 Diabetes Mellitus Assoc. Prof. Ionuț Nistor (Romania)
12:05-12:20	Sodium-glucose cotransporter 2 inhibitors in type 1 diabetes mellitus: has the time come? Prof. Djordje Popovic (Serbia)
12:20-12:35	TBC Prof. Bogdan Timar (Romania)
12:35-12:40	Q&A
12:40-13:40	SATELLITE SYMPOSIUM
13:40-14:20	LUNCH BREAK
14:20-15:00	SATELLITE SYMPOSIUM
15:00-16:20	SCIENTIFIC SESSION VI- The Multifaceted Impact of Diabetes Chairs: Prof. Julia Mader, Prof. Doina Catrinoiu, Prof. Catalin Copaescu
15:00-15:15	Real World Evidence Applied to Clinical Care Prof. Julia Mader (Austria)
15:15-15:30	Alpha-2 macroglobulin biomarker in diabetes mellitus and associated complications Assoc. Prof. Mihaela Popoviciu (Romania)
15:30-15:45	Diabetes and cancer-important topic in metabolic disease Prof. Doina Catrinoiu (Romania)
15:45-16:00	Sleep disorders, risk of obesity and diabetes Assoc. Prof. Beatrice Mahler (Romania)
16:00-16:15	TBC Prof. Mihaela Vladu (Romania)
16:15-16:20	Q&A
16:20-16:50	SATELLITE SYMPOSIUM

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16:50-17:10	SATELLITE SYMPOSIUM
17:10-18:30	SCIENTIFIC SESSION VII – GASTRODIABETOLOGY Chairs: Prof. Didac Mauricio, Prof. Dan Gheonea, Assoc. Prof. Anca Pantea Stoian
17:10-17:25	Care pathway for MASLD: the GP and diabetologist/endocrinologist perspective Prof. Didac Mauricio (Spain)
17:25-17:40	Metabolic Dysfunction-Associated Steatotic Liver Disease Prof. Dan Gheonea (Romania)
17:40-17:55	Emerging therapy in MASLD Prof. Carmen Fierbințeanu-Braticevici (Romania)
17:55-18:10	MASLD and diabetes – a multisystem disease with cardiovascular complications Prof. Simona Cernea (Romania)
18:10-18:25	TBC Dr. Roxana Barbu (Romania)
18:25-18:30	Q&A
18:30-18:40	CLOSING OF THE 2ND EDITION OF EU-RO FORUM: DIABETES AND ITS COMPLICATIONS