

August 28, 2025 | Madrid, Spain

12:30	Arrival and Check In	
13:00	Welcome and Introductions	<i>Peter Libby, MD Michelle Winokur, DrPH</i>
	Part 1: Inflammation, a driver of atherosclerosis: Basic mechanisms	
13:30	Inflammatory mechanisms link traditional risk factors to adverse cardiovascular events – The false dichotomy	<i>Peter Libby, MD</i>
13:50	Questions and Discussion	
	Part 2: How do we assess inflammation in clinical practice?	
14:10	High sensitivity c-reactive protein and imaging cardiovascular inflammation	<i>Jessica Peña, MD, MPH</i>
14:30	Other soluble markers and fat attenuation index	<i>Wolfgang Koenig, MD</i>
14:50	Questions and Discussion	
15:10	Break	
	Part 3: What clinical evidence implicates inflammation in atherosclerosis and its clinical complications?	
15:30	Lp(a), inflammation, and cardiovascular disease	<i>Samia Mora, MD, MHS</i>
15:50	Questions and Discussion	
	Part 4: How can we lower inflammation in patients?	
16:10	Nutrition, diet, and lifestyle	<i>Cristina Izar, MD, PhD</i>
16:30	Pharmacological therapies	<i>Wolfgang Koenig, MD</i>
16:50	Questions and Discussion	
17:10	Break	
17:30	Part 5: Panel Discussion	Moderator – <i>Samia Mora, MD, MHS</i> <i>All faculty members</i>
18:15	Closing and Next Steps	<i>Michelle Winokur, DrPH</i>
18:30	Networking Reception	