Inflammation Academy

IAS INTERNATIONAL ATHEROSCLEROSIS SOCIETY

August 27, 2026 | Novotel München Messe | Munich, Germany

08:45	**Arrival and Check-in**	
09:00	**Welcome and Introductions**	*Peter Libby, MD* *Michelle Winokur, DrPH*
	Part 1: Inflammation, a driver of atherosclerosis: Basic mechanisms	
09:15	Inflammatory mechanisms link traditional risk factors to adverse cardiovascular events - the false dichotomy	*Peter Libby, MD*
09:45	Questions and Discussion	
10:00	**Break and Group Photo**	
	Part 2: How do we assess inflammation in clinical practice?	
10:30	Soluble biomarkers of cardiovascular inflammation	*Wolfgang Koenig, MD*
11:00	Non-invasive imaging biomarkers of cardiovascular inflammation	*Isabel Gonçalves, MD, PhD*
11:30	Questions and Discussion	
12:00	**Lunch and Alumni Panel:** Best practices for continuing research and implementation of inflammation knowledge in the clinic going forward	**Moderators:** *Samia Mora, MD, MHS* *Peter Libby, MD* **Inflammation Academy Alumni:** *Elaine dos Reis Coutinho, PhD* *Berkan Kurt, MD* *Mia Manojlović, MD, PhD* *Tatyana Storozhenko, MD, PhD*
	Part 3: What clinical evidence implicates inflammation in atherosclerosis and its clinical complications?	
13:30	Inflammation links lipids to cardiovascular disease	*Samia Mora, MD, MHS*
14:00	Questions and Discussion	
	Part 4: How can we lower inflammation in patients?	
14:15	Links between lifestyle, the exposome and inflammation	*Cristina Izar, MD, PhD*
14:45	Current status of pharmacologic anti-inflammatory therapies	*Wolfgang Koenig, MD*
15:15	Questions and Discussion	
15:45	**Break and Networking**	
	Part 5: Future directions – Where do we go from here?	
16:00	Panel Discussion and Close	**Moderator:** *Cristina Izar, MD, PhD* *with all faculty members*
16:50	Wrap-up and Next Steps	*Michelle Winokur, DrPH*

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